First 100 High Frequency Words

Word	R	W
the		
that		
not		
look		
put		
and		
with		
then		
don't		
could		
a		
all		
were		
come		
house		
to		
we		
go		
will		
old		
said		
can		
little		
into		
too		
in		
are		
as		
back		
by		
he		
up		
no		
from		

Word	R	W
day		
I		
had		
mum		
children		
made		
of		
my		
one		
him		
time		
it		
her		
them		
Mr		
I'm		
was		
what		
do		
get		
if		
you		
there		
me		
just		
help		
they		
out		
down		
now		
Mrs		
on		
this		
dad		

Word	R	W
came		
called		
she		
have		
big		
oh		
here		
is		
went		
when		
about		
off		
for		
be		
it's		
got		
asked		
at		
like		
see		
their		
saw		
his		
some		
looked		
people		
make		
but		
so		
very		
your		
an		