

Theme A

How much television do you watch?

- Survey of the class/school
- Use data e.g. bar graphs to represent information.
- Launch a 'TV free' day for children at the school - explain and advertise this to raise awareness.
- Sponsorship event for a children's charity that sponsors children **not** to watch television for a week.



Theme B

How to watch television safely.

- Write a mini play about the dangers of too much television.
- A leaflet for a doctor's surgery.
- An article on the school's website.
- An advertising poster.
- Invent a machine that control's a child's television watching time.



Theme C

What to do when you are not watching television

- Learn some new playtime games and teach them to younger children.
- Set up a 'playleaders' scheme for older pupils to play with younger children and model good play or new playtime games.
- Invent a new game using a ball and a piece of chalk. Explain the rules, teach the class and give it a name.
- Create a chess, cricket, hopscotch tournament for your school.
- Create challenges for the children in your school to complete every weekend e.g. this weekend, make a robot from packaging found at home.
- Use the school website to create a feature for parents advising them on different activities they can do with their children at the weekend and in holidays.
- Do a survey of the favourite hobbies of the children in your school. Ask children who have interesting hobbies to come and talk to classes about their activity.

