

Day 1

Science

<https://classroom.thenational.academy/lessons/how-is-igneous-rock-formed-70v66r>

In this lesson, we are going to be learning about igneous rock. We are going to learn about the structure of the Earth, how to recognise igneous rock and some of the uses of igneous rock. We will also learn how igneous rock is made, using ice and chocolate as a model!

RE

<https://classroom.thenational.academy/lessons/how-did-the-religion-of-islam-begin-74vk2r>

In this lesson, we will be exploring the beginning of the religion of Islam. We will learn about the life of the Islamic Prophet Muhammad, who established the religion following revelations from the Angel Gabriel.

PSHE

<https://classroom.thenational.academy/lessons/food-glorious-food-64vkec>

In this lesson, we will explore what a diet is and why it is so important. We will have a very special visitor who will teach us the benefits of eating the right foods and will be introduced to the Eatwell Plate. From this, we will have a better understanding of the different amounts of foods we should be eating. At the end of the lesson, we will write a letter persuading others to make healthier choices.

English

<https://classroom.thenational.academy/lessons/to-explore-conjunctions-c4wkee>

In this lesson, we will explore joining or coordinating conjunctions used in compound sentences. We will identify the two main clauses, the verbs and the coordinating conjunctions in compound sentences. We will look at the difference between 'but' 'and' and 'or' and discover when it is appropriate to use each one.

Day 2

Science

<https://classroom.thenational.academy/lessons/how-is-metamorphic-rock-formed-c4uk8d>

In this lesson, we are going to learn about metamorphic rock! We are going to learn why it is called metamorphic rock and how it is made. Then we will look at some different examples of metamorphic rock and discuss how their properties make them fit for their uses. For this lesson, you will need a pencil, a piece of paper and a ruler.

RE

<https://classroom.thenational.academy/lessons/what-do-muslims-believe-cnk3je>

In this lesson, we will be learning about some of the key aspects of the Muslim faith, exploring their six main beliefs, as well as taking a glance at the Five Pillars of Islam.

PSHE

<https://classroom.thenational.academy/lessons/time-to-get-active-cth62c>

In this lesson, we are going to be learning about the importance of exercise through the help of a very special guest! The lesson will involve getting up on our feet and measuring our heart rate before and after exercising. Our guest will then tell us how much exercise we should do everyday - you might be in for a shock! To finish the lesson, we will be creating our own exercise timetable which we can use in school to help us stick to exercising regularly!

English

<https://classroom.thenational.academy/lessons/to-explore-prepositions-74t66r>

In this lesson, we will explore prepositions of place and time. First, we will look at some pictures of a koala, describe what its position is, and fill in the missing prepositions of place. Then, we will identify when we use the prepositions 'at' 'in' and 'on' in relation to time and spot a rule.