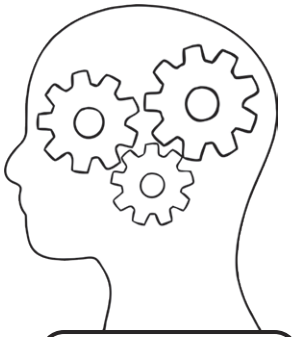
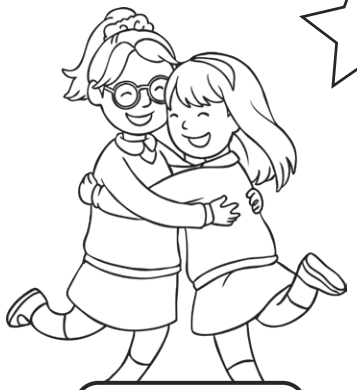
World Mental Health Day





thoughts



friends



talk



support

equality

family

feelings



emotions



mental health

mind



trusted adult



twinkl